

(c) The facility shall ensure that individuals have the right to retain and use personal possessions.

1. The facility shall ensure that individuals have access to their personal possessions.

(d) Provisions shall be made for the protection of the individuals' personal possessions.

1. The facility shall maintain an annual inventory of each person's personal possessions.

(e) The facility shall provide storage space to include drawers and closets for personal possessions and in-season clothing in each individual's room.

10:47-5.4 Privacy

(a) The facility shall provide each individual with the opportunity for personal privacy, to include, but not limited to:

1. The free use of all common living areas within the home without infringing on the privacy of others;
2. The opportunity to communicate, associate and meet privately with individuals of their choice; and
3. The opportunity for privacy during treatment and care of personal needs.

(b) The facility shall provide for individual privacy in all living areas including toilets, baths or showers.

10:47-5.5 Personal hygiene

(a) The facility shall provide for the basic hygienic needs of the individuals served. Individuals shall be helped to attain maximum independence in caring for their needs. The following shall be assured:

1. Baths or showers shall be provided daily;
2. Individuals who soil shall bathe and change immediately;
3. Individuals shall brush their teeth at least twice a day and provisions shall be made for the cleaning of dentures;
4. Individuals shall shampoo their hair at least twice a week, or more frequently if necessary;
5. Toe nails and finger nails shall be cut as needed;
6. Men shall have the opportunity to shave daily;
7. Individual toilet articles such as hairbrush, comb, toothbrush, toothpaste, razor, soap, shampoo, washcloth and towel, shall be supplied to each individual and kept in a separate receptacle.

- i. The use of common wash cloths, towels, and other toilet articles shall be prohibited.
- ii. Toilet articles shall be individually labeled and stored in a sanitary manner.

iii. Toothbrushes shall be stored in a manner to prevent cross contamination;

8. Feminine hygiene protection shall be provided as needed; and

9. Every person who does not eliminate appropriately and independently shall be engaged in a toilet training program, unless medically contraindicated.

SUBCHAPTER 6. HEALTH SERVICES

10:47-6.1 General medical and health care

(a) At least one physician, licensed to practice in New Jersey, shall assume overall responsibility for the direction and provision of medical and health care.

(b) Arrangements shall be made with a community hospital for the acceptance of any person requiring inpatient or outpatient hospital services. Services shall include emergency, diagnostic, and/or treatment services.

1. Written approval for treatment in emergency situations shall be obtained from the legal guardian or competent adult at the time of admission.

2. Written approval for routine hospital treatment shall be obtained from the legal guardian, or from the competent adult individual before treatment is rendered to that individual.

(c) Arrangements shall be made to provide specialized laboratory services.

(d) Primary immunizations shall be given, as required, upon admission and reimmunizations as recommended on a regular basis for diphtheria, tetanus, pertussis, polio, measles, and other diseases as identified consonant with acceptable medical practices and New Jersey Department of Health regulations in accordance with N.J.A.C. 8:57.

(e) Provision shall be made for the isolation of persons with a communicable disease and the prevention of its spread in accordance with N.J.A.C. 8:57.

1. Communicable diseases shall be reported to State and local health authorities and the inspecting agency in accordance with N.J.A.C. 8:57.

2. Private accommodations shall be provided for observation and/or for temporary isolation until transfer is made.

3. The Mantoux Skin Test for tuberculosis shall be given every three years, with subsequent follow-up chest x-rays for positive reactors.

(f) Written procedures shall be prominently posted for staff members to follow in the event of a medical emergency.

(g) Health services staff shall be trained in the facility's procedures for medical emergencies.

(h) First aid supplies shall be available and accessible to all staff.

(i) Other than first aid, no medication or treatment shall be administered by employees of the facility except on written order of a licensed physician.

10:47-6.2 Physician services

(a) A physician licensed in the State of New Jersey shall perform examinations and administer and/or prescribe treatment as needed for preventive, routine and emergency medical care.

(b) Each individual shall receive a physical examination annually. The physical examination shall include the following:

1. Vision and hearing shall be grossly evaluated for persons with observed problems, visual acuity and audiology studies shall be performed as clinically indicated;

2. The stool shall be tested for occult blood annually after age 50 for persons of average risk for colon-rectal cancer; and

3. An annual breast examination shall be recorded for all adult women. Mammography and cervical cytology shall be performed in accordance with standards recommended by the American Cancer Society, unless the physician documents that the tests are medically contraindicated. (American Cancer Society, 1599 Clifton Road NE, Atlanta, Georgia 30329)

(c) For each individual who has a prescribed medical program, the physician shall evaluate and, as necessary, revise each program at least every three months.

1. Physician's orders for medication and medical treatment shall be updated as necessary but at least every 90 days.

(d) Specialists' services in all pertinent fields of medicine shall be provided. The following medical specialties are recommended:

1. Pediatrics;
2. Psychiatry, including child psychiatry if applicable;
3. Urology;
4. Gynecology;
5. Neurology;
6. Neurosurgery;

7. Orthopedic surgery;

8. Physiatry;

9. Internal medicine;

10. General surgery;

11. Anesthesiology;

12. Ophthalmology;

13. Otorhinolaryngology;

14. Dermatology;

15. Radiology;

16. Pathology; and

17. Podiatry.

(e) When referring an individual to a specialist or hospital for services, the physician or designee shall ensure that copies of all necessary medical records are forwarded to the specialist.

10:47-6.3 Nursing services

(a) Nursing services shall be provided in accordance with N.J.A.C. 13:37.

(b) All physician orders shall be noted, signed and dated by a licensed nurse.

(c) A licensed professional nurse shall assess each individual's health status on a quarterly basis and record their findings in the individual's record.

10:47-6.4 Dental services

(a) A licensed dentist shall provide:

1. Routine and preventive dental care, including, but not limited to:

- i. An annual dental examination;
- ii. Prophylaxis;
- iii. Dental x-rays; and
- iv. Repair of teeth;

2. Prosthetic dentistry, for individuals in need;

3. Oral surgery, when necessary; and

4. Periodontal services, when necessary.

(b) Where applicable, all sterilization techniques shall be properly performed on dental equipment by trained employees.

10:47-6.5 Pharmaceutical services

(a) The facility shall provide pharmaceutical services under the direction of a New Jersey licensed pharmacist, in accordance with N.J.A.C. 13:39.