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# Governor Sherrill Signs Executive Order Instituting Regulatory Freeze

Posted on 01/23/2026



**TRENTON** – Governor Mikie Sherrill today signed Executive Order No. 7, instituting a 90-day pause on the proposal and adoption of new rules and regulations.

“I am committed to putting New Jersey residents first and ensuring our state government truly works for the people it serves. This means breaking down red tape, eliminating bureaucracy, and saving New Jerseyans’ time and money. Following today’s executive order, we will review proposed regulations in the pipeline and deliver lasting, positive change for communities across the state,” **said Governor Sherrill**.

Under the Executive Order, no agency shall propose or adopt any rule for a period of 90 days, subject to exceptions. Any rules that have been filed with the Office of Administrative Law (OAL) but not published in the New Jersey Register shall be withdrawn.

State agencies that have pending proposed rules will notify the Governor by February 2, 2026, of any proposals whose non-adoption will adversely impact public health or security or obstruct essential operations, among other considerations. The Governor can then consider whether to lift the pause on those proposals before the end of the 90-day pause.

For a copy of Executive Order No. 7, click [here](#).

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