

[Home](#) [Newsroom](#) [Media](#) [Administration](#) [NJ's Priorities](#) [Contact Us](#)
[Press Releases](#) [Public Addresses](#) [Executive Orders](#) [Press Kit](#) [Reports](#)
[Home](#) > [Newsroom](#) > [Press Releases](#) > [2014](#) > [First Lady Mary Pat Christie Announces Drumthwacket to "Go Red" for 11th Annual National Wear Red Day on February 7th](#)

First Lady Mary Pat Christie Announces Drumthwacket to "Go Red" for 11th Annual National Wear Red Day on February 7th

Thursday, February 6, 2014

Tags: [First Lady](#)
Stay Connected
with Social Media

Stay Connected
with Email Alerts

**LIKE THIS PAGE? SHARE IT
WITH YOUR FRIENDS.**
 ...


Trenton, NJ – In recognition of National Wear Red Day on February 7, First Lady Mary Pat Christie announced today that Drumthwacket, the Governor's official residence, will be illuminated in red Friday evening to spotlight the importance of women's heart health. While heart disease and heart attacks are usually associated with men, the fact is more women die of cardiovascular disease than all forms of cancer.

"The 11th anniversary of National Wear Red Day is an opportunity to empower, inform and protect the heart health of our mothers, daughters, friends and acquaintances," said First Lady Mary Pat Christie. "Heart disease claims the life of one woman every minute. That's why it's so critical to shine a light on this issue so that every woman can identify cardiovascular risk factors, take action to improve overall heart health and save lives."

Heart disease is often referred to as the "silent killer" in women. In fact, statistics show that approximately eight million women in the United States are living with heart disease today.

Some important facts about heart disease and women:

While 1 in 31 American women die from breast cancer each year, in contrast, 1 in 3 die of heart disease.

90 percent of women have one or more risk factors for developing heart disease.

Only 1 in 6 American women believes that heart disease is her greatest health threat.

A recent survey revealed that less than a third of women report any early warning signs such as chest pain or discomfort before a heart attack, as compared with most men.

To learn more about heart disease risk factors in women, visit <https://www.goredforwomen.org/home/know-your-risk/>. For more information on the American Heart Association's *Go Red for Women*, visit www.goredforwomen.org

PHOTO CAPTION: *Drumthwacket, the Governor's official residence, "Goes Red" for the American Heart Association's 11th annual National Wear Red Day.*

###

Press Contact:
Michael Drewniak
Colin Reed
609-777-2600



[Contact Us](#) | [Privacy Notice](#) | [Legal Statement & Disclaimers](#) | [Accessibility Statement](#) | 

Statewide: [NJ Home](#) | [Services A to Z](#) | [Departments/Agencies](#) | [FAQs](#)
Office of the Governor: [Home](#) | [Newsroom](#) | [Media](#) | [Administration](#) | [NJ's Priorities](#) | [Contact Us](#)

Copyright © State of New Jersey, 1996-2017
Office of the Governor
PO Box 001
Trenton, NJ 08625
609-292-6000